



Level: CEFR A2 / ADFELPS 4
and above

Military English

Vocabulary Builder – Parts of a Ratpack /'rætpæk/

TEACHER'S COPY

Overview:

This worksheet lists vocabulary related to ration packs (ratpacks).

In this lesson, you will:

- ✓ learn vocabulary for ration packs
- ✓ practise using the vocabulary
- ✓ use the vocabulary in speaking activities.

TN → It's best if this material is taught before Lesson – What's in my Ratpack [listening]. Some of the target vocab in both these materials are repeated, and this will provide the Ss with more vocab exposure. However, each material can be taught on their own and/or not in this sequence.

1) Look at the pictures around the page and talk to your partners.

- What can you **see** in the picture?
- Why do you **think** this is happening?
- What do the pictures make you **want to know**?

TN → "See, think, wonder" is a popular way to get students (Ss) interested in a lesson. It activates schema (makes the students talk about what they already know) and makes them curious about the lesson. If see, think wonder is new to you, check out this video - <https://www.youtube.com/shorts/I0c2SHNutUQ>.

Go over the instructions as a class. If students are not sure what to do, look at one of the pictures together and model the activity. For example, in the first picture: **I SEE** lots of different types of food. Some foods you can buy at the shops (M&Ms, tuna) others you can't find in shops. **I THINK** this is for soldiers to eat when they're out field. **I WONDER/WANT TO KNOW** if this is too much food. I want to know how many days this ratpack is for. One... two...three days?. "I think" and "I wonder/want to know" will probably be different for each S, and that is okay! It all gets them thinking. 😊 Allow Ss 5-10min to complete the activity. Monitor for good ideas. Ask 2-3 Ss to share ideas with the class.

I see...

I think...

I want to know...



hexamine stove // hexamine tablet // canteen cup // **FRED**
protein drink powder // matches // toilet paper // vegemite



e. canteen cup



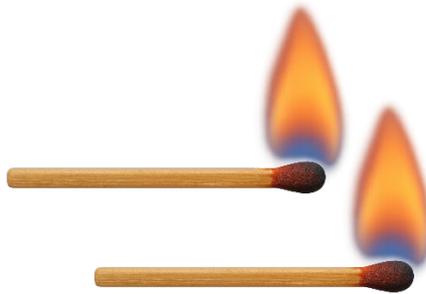
f. hexamine stove



g. toilet paper



h. hexamine tablet



i. matches



j. **FRED TN** → Tell Ss this stands for Field Ration Eating Device. This tool is included in every Australian Army ratpack.



k. protein drink powder



l. **Vegemite** ® **TN** → Ask if anyone has tried Vegemite. Non-Australians usually don't like it at first, as it's really salty but Australians eat this a lot as a spread, and it's always included in ratpacks!

4)  Listen and check. **TN** → Play the recording so Ss can check their ans – and get extra listening practice.

5) Now let's practise saying the words. Listen and repeat.

TN → Play the recording and ask the whole class to repeat. Play a second time and this time ask individual Ss to repeat. Correct them if necessary, especially if they stress the wrong syllable.

6) Work with your partner and answer this quiz. How many can you guess?

TN → Ask Ss to work in pairs. They should take it in turns asking and answering the quiz. Give them a time limit, monitor for wrong ans. For FB, ask them to check with another pair, then ask the whole class for the ans.

- This is a little tool that can act like a can opener and a spoon. FRED
- These are used to light the hexamine tablet. matches **TN →** 'matches' is always plural (countable); the singular form is 'matchstick'.
- You can eat and drink out of this. canteen cup
- You put the canteen cup and hexamine tablets on it to make your food hot. hexamine stove
- 'Meal, Ready-to-Eat' in a brown bag. There are 2-3 of these in a CR1P. MRE
- This drink is good for when you're exercising and losing a lot of water. Isotonic drink powder
- This is a salty, black spread* that Australians love. Vegemite
- Little food you have between meals. snacks

* spread – something you put on bread or toast eg butter, jam.

7) Work in groups of 3-4. Design your dream CR1P ratpack. Use as many words from today as you can in your discussion.

TN → Ss will work in small groups. Tell them they will have to have a conversation and decide on the best ratpack for combat, for 24hrs. What food (menu) would they like to include? How much would they include? Tell them to say why they've chosen each food and each quantity. Tell them to use the speech bubbles to help them. Finally, tell them they will present their ratpack to another group. Set a time limit e.g. 10min.

I think _____ is a good snack.

How about _____ for the breakfast MRE?

I'm not sure about _____

_____ for the dinner MRE is a good idea.

An officer from the British and Canadian military have a look through an Australian Combat Ration One Man (CR1M) ration pack.



8) Present your dream ratpack to your class.

Vote as a class for the winner!

TN → Give Ss some more time to plan their presentation (around 5min) and give a time limit for the presentation e.g. 2min. If you have plenty of time, ask each group to present in front of the class, otherwise, tell them to present to another group (in which case the time limit may be extended to give them more time to speak). FB will depend on which method above you chose. If presenting in front of the class, ask the class for a show of hands in order to decide on the winning ratpack. If presenting to each group, then ask a few groups which ratpack is better, theirs or their partners'.

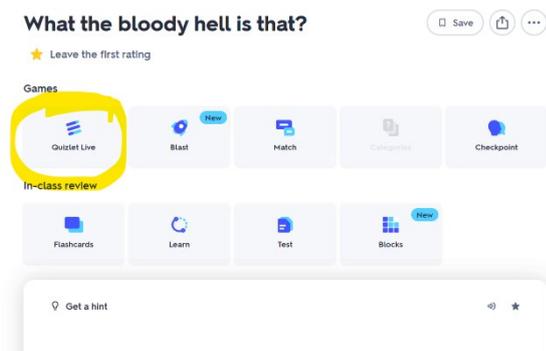
- Scan the QR code and watch the video [Australian Army Ration Pack \(MRE\) CR1M Menu A](#)". →



TN → Either play the video in class or set it for homework. This is a typical Australian accent, so it will provide Ss with good listening practice. Turn subtitles on, and play more than once if needed. See ans below.

- Write down the items you hear/see. **TN →** ans in the order in which they appear: rice, chocolate ration, cereal bar, muesli cereal, main meal, tuna, soup, chocolate drink, lollies (Lifesavers®), sports drink powder, spoon, napkin, toilet paper, fruit cake, chocolate spread, jam, Vegemite®, biscuit, M&Ms®, noodles, matches, FRED, sugar, (chewing) gum, coffee, tea, ketchup (in Australia we call this tomato sauce), salt, pepper, Tabasco® (chilli sauce).
- Check your answers with a partner. Who has more correct items?
- What would you like to eat in the pack?

- For more practice with the words you've learned here, scan the QR code for a set of flashcards. You can do some more study on the vocab in this lesson on your own with these. →



TN → If you have time left over, play

Quizlet live to consolidate the lesson. You will need to be logged into Quizlet for you to start the game as a teacher. Otherwise, you cannot see the icon. **Here is a video on how the game works -**

<https://www.youtube.com/watch?v=q64qTBfK0iE>

Otherwise, set this for homework. Tell Ss good study habits help them learn faster e.g. if they visit this Quizlet set every 2-3 weeks, it'll help them memorise vocab.

- This material links with: Lesson – What's in my Ratpack? [listening]
Lesson – What's in your Webbing? [listening]
Vocabulary Builder – What's in Your Webbing?

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